

Sports Schedule / 2024-2025 Semester 1

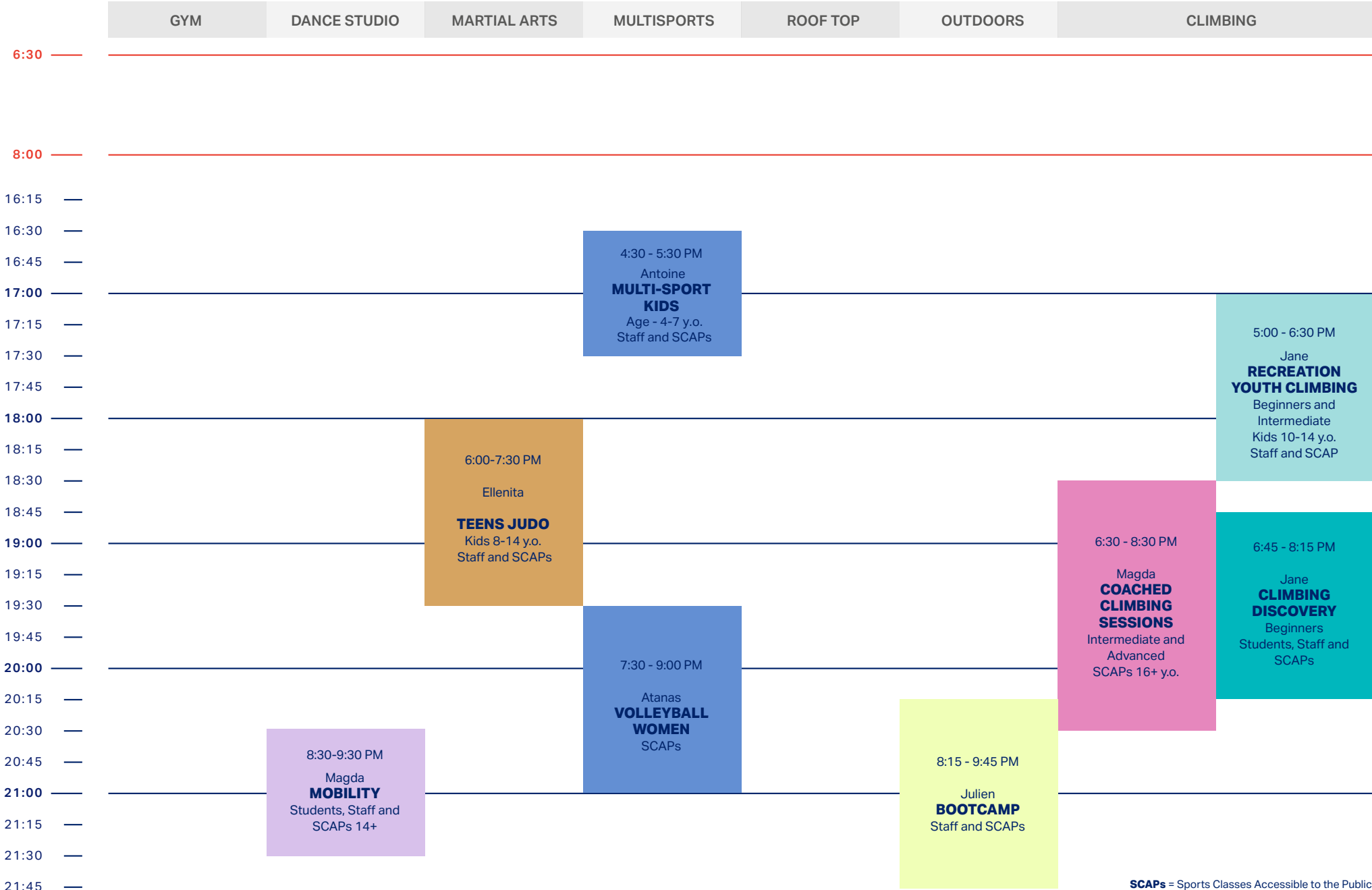
MONDAY



	GYM	DANCE STUDIO	MARTIAL ARTS	MULTISPORTS	ROOF TOP	OUTDOORS	CLIMBING
16:00							
16:15							
16:30							
16:45							
17:00							
17:15							
17:30							
17:45							
18:00							
18:15							
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19:00							
19:15							
19:30							
19:45							
20:00							
20:15							
20:30							
20:45							
21:00							
21:15							
21:30							
21:45							
22:00							

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TUESDAY



SCAPs = Sports Classes Accessible to the Public

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WEDNESDAY



	GYM	DANCE STUDIO	MARTIAL ARTS	MULTISPORTS	CLIMBING
16:00					
16:15					
16:30					
16:45					
17:00					4:00 - 5:00 PM Jane LITTLE CLIMBERS Kids 5-6 y.o. Staff and SCAPs
17:15				4:30 - 5:30 PM Antoine FOOTBALL KIDS Age - 6-9 y.o. Staff and SCAPs	
17:30			4:30 - 6:00 PM Julien CIRCUIT TRAINING Students, Staff, SCAPs		5:00 - 6:30 PM Magda YOUTH TRAINING FOR CLIMBING Advanced Kids 10-16 y.o. Staff and SCAPs
17:45					5:15 - 6:15 PM Jane JUNIOR CLIMBERS Kids 7-9 y.o. Staff and SCAPs
18:00					
18:15					
18:30			6:00 - 7:30 PM Julien BOXING Students, Staff, SCAPs		
18:45					
19:00					
19:15					
19:30					
19:45					
20:00					
20:15			7:45 - 9:15 PM Julien MUAY THAI Students, Staff, SCAPs		
20:30					
20:45					
21:00					
21:15					
21:30					
21:45					
22:00					
22:30					
22:45					

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THURSDAY



	GYM	DANCE STUDIO	MARTIAL ARTS	MULTISPORTS	ROOF TOP	OUTDOORS	CLIMBING
16:00							
16:15							
16:30	4:30 - 6:00 PM Julien CROSS TRAINING Students, Staff, SCAPs						4:30 - 6:00 PM Jane CLIMBING DISCOVERY Beginners Students, Staff and SCAPs
16:45							
17:00							
17:15							
17:30							
17:45							
18:00							6:00 - 7:30 PM Jane RECREATION YOUTH CLIMBING Beginners and Intermediate Kids 10-14 y.o. Staff and SCAPs
18:15							
18:30	6:00 - 7:30 PM Ellenita TEENS JUDO Kids 8-14 y.o. Staff and SCAPs						
18:45							
19:00							
19:15							
19:30							
19:45							
20:00			7:30 - 9:00 PM Ellenita JUDO Students, Staff and SCAPs	7:30 - 9:00 PM Atanas VOLLEYBALL WOMEN SCAPs			7:30 - 9:30 PM Magda COACHED CLIMBING SESSIONS Intermediate and Advanced SCAPs 16+ y.o.
20:15					8:00 - 9:30 PM Julien BOOTCAMP OUTDOORS Students, Staff and SCAPs		
20:30							
20:45							
21:00							
21:15							
21:30							
21:45							
22:00							

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FRIDAY



	GYM	CLIMBING
7:00		
8:00		
14:00		
14:15		
14:30		
14:45		
15:00		
15:15		
15:30		
15:45		
16:00		
16:15		
16:30		
16:45		
17:00		
17:15		
17:30		
17:45		
18:00		
18:15		
18:30		
18:45		
19:00		
19:15		

2:00 - 3:00 PM

Antoine

SUAD BABYFOOT

Age - 4-6 y.o.

Staff and SCAPs

2:00 - 3:00 PM

Jane

LITTLE CLIMBERS

Kids 5-6 y.o.

Staff and SCAPs

3:00 - 4:00 PM

Antoine

SUAD KIDDYFOOT

Age - 6-9 y.o.

Staff and SCAPs

4:00 - 5:00 PM

Antoine

SUAD FOXYFOOT

Age - 10 y.o. and above

Staff and SCAPs

4:30 - 5:30 PM

Jane

JUNIOR CLIMBERS

Kids 7-9 y.o.

SCAPs

5:45 - 7:15 PM

Jane

RECREATION YOUTH CLIMBING

Beginners and Intermediate

Kids 10-16 y.o.

Staff and SCAP

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